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**ST. JOHN'S COLLEGE HIGH SCHOOL STANDOUT NAMED
GATORADE® DISTRICT OF COLUMBIA GIRLS BASKETBALL PLAYER OF THE YEAR**

CHICAGO (March 14, 2013) — In its 28th year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Lindsay Allen of St. John's College High School as its 2012-13 Gatorade District of Columbia Girls Basketball Player of the Year. Allen is the sixth Gatorade District of Columbia Girls Basketball Player of the Year to be chosen from St. John's College High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the court, distinguishes Allen as District of Columbia's best high school girls basketball player. Now a finalist for the prestigious Gatorade National Girls Basketball Player of the Year award announced in March, Allen joins an elite alumni association of past state girls basketball award-winners, including Candace Parker (2001-02, Naperville Central HS, Ill.), Diana Taurasi (1998-99 & 1999-00, Don Antonio Lugo HS, Calif.), Maya Moore (2005-06 Collins Hill HS, Ga.), Rashanda McCants (2004-05, Asheville HS, N.C.), Shyra Ely (1999-00, Ben Davis HS, Ind.) and Lisa Leslie (1988-89, Morningside HS, Calif.).

The 5-foot-8 senior point guard led the Cadets to a 27-1 record and the Washington Catholic Athletic Conference championship this past season. Allen averaged 16 points, eight assists, 6.5 rebounds and 2.5 steals per game while shooting at 82 percent from free throw line. A 2013 McDonald's High School All-American Game selection and a 2013 Women's Basketball Coaches Association All-America Game invitee, she scored a game-high 28 points and was 16-for-16 on free throws in St. John's 67-66 win over Our Lady of Good Counsel in the WCAC championship game.

Allen has maintained a 4.04 GPA in the classroom. A devoted parishioner in her church community, she has volunteered locally on behalf of Shepherd's Table, providing meals and clothing for families in need.

"Lindsay Allen is a very determined basketball player who understands her worth to a team," said Edythe White, head coach at Archbishop Carroll High. "She can get the job done and embraces all that comes along with being the go-to person."

Allen has signed a National Letter of Intent to play basketball on an athletic scholarship at the University of Notre Dame this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade high school sports leadership team in partnership with [USA TODAY High School Sports](#), which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Allen joins recent Gatorade District of Columbia Girls Basketball Players of the Year Katie Gillespie (2011-12, Georgetown Visitation Preparatory School), Mooriah Rowser (2010-11, St. John's College High School), Nicola Zimmer (2009-10, St. John's College), Taylor Hilton (2008-09, Sidwell Friends School), Patrice Johnson (2007-08, HD Woodson), and Khadija Rushdan (2006-07, St. Elizabeth) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit www.gatorade.com/poy.

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