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**MOC-FLOYD VALLEY HIGH SCHOOL STANDOUT NAMED  
GATORADE® IOWA VOLLEYBALL PLAYER OF THE YEAR**

CHICAGO (December 12, 2012) — In its 28<sup>th</sup> year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Alexis Conaway of MOC-Floyd Valley High School as its 2012-13 Gatorade Iowa Volleyball Player of the Year. Conaway is the first Gatorade Iowa Volleyball Player of the Year to be chosen from MOC-Floyd Valley High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Conaway as Iowa's best high school volleyball player. Conaway joins an elite alumni association of past state award-winners in 12 sports, including USA Volleyball players Kim Glass (2001-02, Horseshoe HS, Penn.), Kim Willoughby (1998-99, 1999-00, Assumption HS, La.) and Ogonna Nnamani (1999-00, University HS, Ill).

The 6-foot junior outside hitter led the Lady Dutch to a 33-8 record and the Class 3A state title this past season. Conaway recorded 489 kills, 257 digs, 79 blocks and 51 service aces while posting a hitting percentage of .435. The Iowa Girls Coaches Association Player of the Year, she was also named captain of the Class 3A All-State Tournament Team.

Conaway has maintained a 4.0 GPA in the classroom. Also a basketball and track and field standout, she has participated in multiple service-mission trips with her church youth group.

"Conaway is a great player," said Brian Jesse, head coach at Union High. "She can hit line or she can hit angle, and she's one of the best outside blockers we have ever faced."

Conaway will begin her senior year of high school next fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade high school sports leadership team in partnership with [USA TODAY High School Sports](#), which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Conaway joins recent Gatorade Iowa Volleyball Players of the Year Megan Gilbert (2011-12, Tripoli High School), Ali Stark (2010-11, Mt. Vernon High School), Hannah Willms (2009-10, Dike-New Hartford), Chelsey Semprini (2008-09, Dike-New Hartford) and Brittany Ridenour (2007-08, Abraham Lincoln) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit [playeroftheyear.gatorade.com](http://playeroftheyear.gatorade.com).

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