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**NATIONAL CATHEDRAL SCHOOL STANDOUT NAMED  
GATORADE® DISTRICT OF COLUMBIA SOFTBALL PLAYER OF THE YEAR**

CHICAGO (June 6, 2012) — In its 27<sup>th</sup> year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with ESPNHS, today announced Sarah Ing of National Cathedral School as its 2011-12 Gatorade District of Columbia Softball Player of the Year. Ing is the second Gatorade Softball Player of the Year to be chosen from National Cathedral School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Ing as District of Columbia's best high school softball player. Now a finalist for the prestigious Gatorade National Softball Player of the Year award announced in June, Ing joins an elite alumni association of past state award-winners in 12 sports, including Alicia Hollowell (2000-01, Fairfield HS, Calif.), Derek Jeter (1991-92, Kalamazoo HS, Mich.), Candace Parker (2001-02, Naperville Central HS, Ill.), Abby Wambach (1997-98, Our Lady of Mercy, N.Y.), Mark Sanchez (2004-05, Mission Viejo HS, Calif.), Angela Tincher (2002-03, James River HS, Va.) and Kenzie Fowler (2006-07, Canyon del Oro HS, Ariz.).

The 5-foot-5 sophomore right-handed pitcher led the Eagles to a 12-5 record, the Independent School League Class A championship and the Best of D.C. Tournament title game this past season. A D.C. Softball Classic All-Star Game selection, Ing posted an 11-4 record in the circle with a 1.61 ERA and 154 strikeouts against 37 walks in 87 innings-pitched. Also an All-ISL Class A selection, she batted .491 with three home runs and 28 RBI in 2012, producing a .772 slugging percentage and .508 on-base percentage.

Ing has maintained a 3.29 GPA in the classroom. An accomplished pianist and a writer for the school newspaper, she has also volunteered on behalf of her church's youth group and Operation Smile. Ing plans to intern for the U.S. Congress this summer and will serve as both class vice president and a student ambassador in her junior year of high school.

"Sarah Ing is an incredible competitor, both mentally and physically," said National Cathedral head coach Anya Adams. "She always comes prepared to practices and games to do her absolute best and leaves everything on the field. I have never heard Sarah even utter a negative word. No matter what the situation is she stays positive, works harder, and gets the job done."

Ing will begin her junior year of high school this fall.

The Gatorade Player of the Year program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by ESPNHS and the Gatorade high school sports leadership team, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Ing joins recent two-time winner Gatorade District of Columbia Softball Players of the Year Caroline Sealander (2009-10 & 2010-11, Maret School), Christina Clark (2008-09, Georgetown Visitation Preparatory School) and Alie Kolbe (2007-08, National Cathedral School) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners, and the announcement of the Gatorade National Player of the Year, visit [playeroftheyear.gatorade.com](http://playeroftheyear.gatorade.com).