

**FOR IMMEDIATE RELEASE**

**Contact: Julie Mason (412-561-1014)**

**OMAHA CENTRAL HIGH SCHOOL STANDOUT NAMED  
GATORADE® NEBRASKA BOYS TRACK & FIELD ATHLETE OF THE YEAR**

CHICAGO (June 22, 2010) — In its 25<sup>th</sup> year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with ESPN RISE, today announced Ted Lampkin of Omaha Central High School as its 2009-10 Gatorade Nebraska Boys Track & Field Athlete of the Year. Lampkin is the first Gatorade Nebraska Boys Track & Field Athlete of the Year to be chosen from Omaha Central High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the track, distinguishes Lampkin as Nebraska's best high school boys track & field athlete. Now a finalist for the prestigious Gatorade National Boys Track & Field Athlete of the Year award to be announced in June, Lampkin joins an elite alumni association of past state award-winners in 12 sports, including Ryan Hall (1999-01, Big Bear HS, Calif.), Meb Keflezighi (1993-94, San Diego HS, Calif.), Derek Jeter (1991-92, Kalamazoo HS, Mich.), Candace Parker (2001-02, Naperville Central HS, Ill.), Kevin Garnett (1992-93, Maudlin HS, S.C.), Mark Sanchez (2004-05, Mission Viejo HS, Calif.) and Lolo Jones (1997-98, Roosevelt HS, Ia.).

The 5-foot-8, 165-pound junior sprinter and jumper won Class A state titles in the long jump, the triple jump and the 400-meter relay while claiming second place in the 100-meter dash this spring, leading the Eagles to the state championship as a team. A standout basketball and football player for Omaha Central, Lampkin earned the best mark in all classes in the triple jump with a leap of 48 feet, two and three-quarter inches. His season-best marks in the triple jump and the long jump (24-04.75) both ranked among the nation's top 50 performances by prep competitors under all conditions in 2010.

Lampkin has maintained a 3.54 weighted GPA in the classroom. He has volunteered locally as a peer mentor, a youth football coach and as part of multiple community service initiatives in association with his church youth group.

"Ted Lampkin is a tremendous athlete and he's just starting to scratch the surface of his talent," said Omaha Central Head Coach Elliott Evans. "He had just an incredible state meet this season and was a huge part of the reason we were able to win state."

Lampkin will begin his senior year of high school this fall.

The Gatorade Player of the Year program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by ESPN RISE and the Gatorade high school sports leadership team, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners, and the announcement of the Gatorade National Player of the Year, visit [playeroftheyear.gatorade.com](http://playeroftheyear.gatorade.com).

###