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**CENTURY HIGH SCHOOL STANDOUT NAMED
GATORADE® NORTH DAKOTA BOYS SOCCER PLAYER OF THE YEAR**

CHICAGO (February 18, 2010) — In its 25th year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with ESPN RISE, today announced Mike Frenzel of Century High School as its 2009-10 Gatorade North Dakota Boys Soccer Player of the Year. Frenzel is the second Gatorade North Dakota Boys Soccer Player of the Year to be chosen from Century High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Frenzel as North Dakota's best high school boys soccer player. Now a finalist for the prestigious Gatorade National Boys Soccer Player of the Year award to be announced in May, Frenzel joins an elite alumni association of past state award-winners in 12 sports, including Alexi Lalas (1987-88, Cranbrook HS, Mich.), Derek Jeter (1991-92, Kalamazoo HS, Mich.), Candace Parker (2001-02, Naperville Central HS, Ill.), Kevin Garnett (1992-93, Maudlin HS, S.C.), Tony Meola (1986-87, Kearney HS, N.J.) and Mark Sanchez (2004-05, Mission Viejo HS, Calif.).

The 6-foot-3 senior goalkeeper recorded 11 shutouts and a 0.50 goals-against average this past season, leading the Patriots (14-3-3) to the state championship game, where they fell to Fargo South, 1-0. Frenzel was a First Team All-State selection each of the past two seasons and notched 34 shutouts in his high school career.

Frenzel has maintained a 3.13 GPA in the classroom. He has volunteered locally on behalf of the Special Olympics and youth soccer programs.

"Frenzel is a monster," said Doug Millar, head coach of rival West Fargo High. "He positions himself very well and he's got an unbelievable foot. He's just very solid all-around."

Frenzel has signed a National Letter of Intent to play soccer on scholarship at the University of Mary this fall.

The Gatorade Player of the Year program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by ESPN RISE and the Gatorade high school sports leadership team, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Frenzel joins recent Gatorade North Dakota Boys Soccer Players of the Year Matt Glogoza (2008-09, Shanley), Alex Paulson (2007-08, Century), and Isak Tengesdal (2006-07, Minot) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners, and the announcement of the Gatorade National Player of the Year, visit playeroftheyear.gatorade.com.

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