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**ARBOR VIEW HIGH SCHOOL STANDOUT NAMED
GATORADE NEVADA GIRLS SOCCER PLAYER OF THE YEAR**

CHICAGO (May 13, 2010) — In its 25th year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with ESPN RISE, today announced McKenzie Karas of Arbor View High School as its 2009-10 Gatorade Nevada Girls Soccer Player of the Year. Karas is the first Gatorade Nevada Girls Soccer Player of the Year to be chosen from Arbor View High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Karas as Nevada's best high school girls soccer player. Now a finalist for the prestigious Gatorade National Girls Soccer Player of the Year award to be announced in May, Karas joins an elite alumni association of past state award-winners in 12 sports, including Abby Wambach (1997-98, Our Lady of Mercy, N.Y.), Derek Jeter (1991-92, Kalamazoo HS, Mich.), Candace Parker (2001-02, Naperville Central HS, Ill.), Kevin Garnett (1992-93, Maudlin HS, S.C.), Alexi Lalas (1987-88, Cranbrook HS, Mich.), Heather O'Reilly (2001-02, East Brunswick HS, N.J.) and Mark Sanchez (2004-05, Mission Viejo HS, Calif.).

The 5-foot-10 sophomore defender led the Aggies (18-1-1) to the Class 4A state championship, recording 10 goals and four assists. A goalkeeper for the U.S. Soccer Federation Under-15 Girls National Team, Karas was the 2010 Northwest League Player of the Year. She is the nation's No. 21 recruit in the Class of 2012 as rated by TopDrawerSoccer.com.

Karas has maintained a 3.69 GPA in the classroom. Also a kicker on the Arbor View High football team, she has volunteered locally at an assisted living facility, as a youth soccer coach and as part of a fundraising campaign to benefit cancer research.

"McKenzie has got a great presence on the ball with her athleticism and physicality," said Jen Klein, the Girls Director of the Nevada Olympic Development Program. "She's always been known as someone who can kick it really far. She's done a lot of work on other parts of her game, keeping possession, connecting with her passes. She's one of those athletes, when you first take a look at her, she catches your eye, but then she backs it up. She's a soccer player behind all of that athleticism."

Karas will begin her junior year of high school this fall.

The Gatorade Player of the Year program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by ESPN RISE and the Gatorade high school sports leadership team, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Karas joins recent Gatorade Nevada Girls Soccer Players of the Year Zakiya Bywaters (2008-09, Rancho), Jenna Riddle (2007-08, Centennial), and Ashleigh Shoughro (2006-07, Palo Verde) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners, and the announcement of the Gatorade National Player of the Year, visit playeroftheyear.gatorade.com.

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