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Contact: Lauren Rollins (312-729-3607)

**XAVIER COLLEGE PREP. STANDOUT NAMED
GATORADE ARIZONA GIRLS CROSS COUNTRY RUNNER OF THE YEAR**

CHICAGO (January 13, 2011) — In its 26th year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with ESPN RISE, today announced Sarah Fakler of Xavier College Prep. as its 2010-11 Gatorade Arizona Girls Cross Country Runner of the Year. Fakler is the second Gatorade Arizona Girls Cross Country Runner of the Year to be chosen from Xavier College Prep..

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the racecourse, distinguishes Fakler as Arizona's best high school girls cross country runner. Now a finalist for the prestigious Gatorade National Girls Cross Country Runner of the Year award to be announced in January, Fakler joins an elite alumni association of past state award-winners in 12 sports, including Ryan Hall (1999-00, 2000-01, Big Bear HS, Calif.), Derek Jeter (1991-92, Kalamazoo HS, Mich.), Candace Parker (2001-02, Naperville Central HS, Ill.), Kevin Garnett (1992-93, Maudlin HS, S.C.), Abby Wambach (1997-98, Our Lady of Mercy, N.Y.) and Mark Sanchez (2004-05, Mission Viejo HS, Calif.).

The 5-foot-5 sophomore raced to the Division I individual state championship this past season with a time of 18:26.97, leading the Gators to the state title as a team. Fakler also earned individual titles at the Sole Sports Running Zone Cross Country Festival, the George Young Invitational and the Desert Twilight Cross Country Festival. She finished third at the Nike Cross Nationals Southwest Regional championships in 17:49.39.

Fakler has maintained a 4.0 GPA in the classroom. A devoted member of her church community, she has volunteered locally on behalf of the Xavier Xero Club, which promotes environmentally sustainable activities.

"Sarah gets in this hypnotic state when the gun goes off—basically she takes off for the lead and doesn't look back," said Xavier Prep head coach Dave Van Sickle. "Usually, she comes home with the win."

Fakler will begin her junior year of high school this fall.

The Gatorade Player of the Year program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by ESPN RISE and the Gatorade high school sports leadership team, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Fakler joins Gatorade Arizona Girls Cross Country Runners of the Year two-time winner Jessica Tonn (2008-09 & 2009-10, Xavier College Prep.) and Nadya Bishton (2007-08, Mountain Ridge) as athletes who have won the cross country award since its inception in 2007.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners, and the announcement of the Gatorade National Player of the Year, visit playeroftheyear.gatorade.com.

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