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**NATIONAL CATHEDRAL SCHOOL STANDOUT NAMED  
GATORADE® DISTRICT OF COLUMBIA VOLLEYBALL PLAYER OF THE YEAR**

CHICAGO (December 14, 2010) — In its third decade of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with ESPN RISE, today announced Isabel Eberstadt of National Cathedral School as its 2010-11 Gatorade District of Columbia Volleyball Player of the Year. Eberstadt is the second Gatorade District of Columbia Volleyball Player of the Year to be chosen from National Cathedral School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the court, distinguishes Eberstadt as District of Columbia's best high school volleyball player. Now a finalist for the prestigious Gatorade National Volleyball Player of the Year award announced in December, Eberstadt joins an elite alumni association of past state volleyball award winners, including USA Volleyball Olympians Kim Glass (2001-02, Horseshoe HS, Penn.), Kim Willoughby (1998-99, 1999-00, Assumption HS, La.) and Ogonna Nnamani (1999-00, University HS, Ill).

The 5-foot-10 senior outside hitter recorded 273 digs, 266 kills, 73 service aces and 51 assists this past season while posting a kill percentage of .416, leading the Eagles (17-9) to the Independent School League A Division semifinals and the Maryland/D.C. Private School Championship quarterfinals. A returning First Team All-ISL selection, Eberstadt averaged 4.1 digs, 4.0 kills, 1.1 service aces and 0.8 assists per game this fall. She produced career single-match highs of 39 digs and 30 kills as a two-year captain for the National Cathedral School.

Eberstadt has maintained a B average in the classroom. A member of the National Cathedral School's choral singing group and co-president of the Cathedral Madrigal Singers, she has helped run the Sarsaparilla a capella singing group that performs for local charities and benefits.

"Isabel Eberstadt is a very, very strong all-around player," said Liz Hall, head coach of rival Maret School. "She is their whole team. She plays libero for her club team, but she can swing too. She's a remarkable defensive player, and she can hit. She passes every ball that comes to their side of the court. She's involved in every single play. She single-handedly beat us."

Eberstadt remains undecided upon a collegiate destination.

The Gatorade Player of the Year program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by ESPN RISE and the Gatorade high school sports leadership team, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Eberstadt joins recent Gatorade District of Columbia Volleyball Players of the Year Jessie Egan (2009-10, Georgetown Visitation Preparatory School), Carolyn Bottelier (2008-09, Maret School) and Kelley Vershbow (2007-08, Maret School) among the state's list of former award winners.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners, and the announcement of the Gatorade National Player of the Year, visit [playeroftheyear.gatorade.com](http://playeroftheyear.gatorade.com).

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