

WESTERN DUBUQUE HIGH SCHOOL STUDENT-ATHLETE NAMED GATORADE IOWA BOYS TRACK AND FIELD PLAYER OF THE YEAR

CHICAGO (June 26, 2026) — In its 41st year celebrating the nation’s best high school athletes, Gatorade today announced Quentin Nauman of Western Dubuque High School is the 2025-26 Gatorade Iowa Boys Track and Field Player of the Year.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation’s best high school athletes for their excellence in sport, academics and community. The award recognizes Nauman as Iowa’s best high school boys track and field athlete and he joins an elite legacy that spans professional athletes and coaches to CEOs, such as Alan Webb (2000-01, South Lakes High School, Virginia), Kerron Clement (2002-03, Laporte High School, Texas) and Tate Taylor (2024-25, Harlan High School, Texas).

The 5-foot-10, 130-pound senior distance talent defended his state titles in the 1,600- and 3,200-meter events at the Class 3A state championship meet this past season. Nauman posted a time of 4:08.16 in the former, which ranks 60th nationally this spring among boys prep competitors and his 8:54 in the 3,200 ranks 67th nationally. The state’s returning Gatorade Player of the Year and Cross Country Player of the Year, he also won the mile at the Drake Relays by clocking a 4:05.18, which ranks 25th in the country.

Nauman has volunteered locally as a server at his church’s fish fry. He has also donated his time as a coach at the Little Bobcat Track Camp and plans to coach this summer at Bridge 23 Running Camps. “Quentin not only has extraordinary talent, but also character traits that make him one of the best high school runners of all time,” said Elaina Biechler, Nauman’s distance coach. “His approach to running is simple. He doesn’t get bogged down with splits or paces, but focuses on enjoying the process with his goal of competing well as his primary focus.”

Nauman has maintained a 3.86 GPA in the classroom. He has signed a written letter of athletic aid to compete at the University of Oregon this fall.

The [Gatorade Player of the Year](#) program annually recognizes one state winner from each of the 50 states and Washington D.C., in 12 different sports: football, girls volleyball, boys and girls cross country, boys and girls basketball, baseball, softball, boys and girls soccer, and boys and girls track & field. In total, 610 high school athletes are honored each year. From the pool of state winners, one national winner is selected in each of the 12 sports. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the winners in each sport.

As part of Gatorade’s commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$6.4 million in grants to winners across more than 2,200 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Instagram at [instagram.com/Gatorade](https://www.instagram.com/Gatorade), Facebook at [facebook.com/GatoradePOY](https://www.facebook.com/GatoradePOY) and X (Twitter) at x.com/Gatorade.

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