

BRUNSWICK SCHOOL STUDENT-ATHLETE NAMED GATORADE CONNECTICUT BOYS TRACK AND FIELD PLAYER OF THE YEAR

CHICAGO (June 26, 2026) — In its 41st year celebrating the nation’s best high school athletes, Gatorade today announced Nathan Lee of Brunswick School is the 2025-26 Gatorade Connecticut Boys Track and Field Player of the Year.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation’s best high school athletes for their excellence in sport, academics and community. The award recognizes Lee as Connecticut’s best high school boys track and field athlete and he joins an elite legacy that spans professional athletes and coaches to CEOs, such as Alan Webb (2000-01, South Lakes High School, Virginia), Kerron Clement (2002-03, Laporte High School, Texas) and Tate Taylor (2024-25, Harlan High School, Texas).

The 5-foot-9, 130-pound senior distance talent swept the 1,500- and 3,000-meter runs at the New England Private School Track Association Division I Championships this past season, leading the Bruins to third place as a team. Lee’s winning time of 8:20.21 in the 3,000 ranked No. 12 nationally among prep boys competitors this spring, while his 3:56.01 mark in the 1,500 ranked No. 39. The state’s 2025-26 Gatorade Boys Cross Country Player of the Year, Lee took sixth in the mile run at the Brooks PR Invitational and his time of 4:03.08 set a state record in addition to ranking No. 15 nationally in 2026. He capped his season with a fourth-place finish in the 5,000-meter run at the USATF Under-20 Championships.

A senior prefect at Brunswick, Lee has volunteered locally with Sneakers4Good and has donated his time to multiple community service initiatives through his church. “Nathan is a great kid,” said Glen Colello, head coach of Greens Farms Academy. “I’ve been watching him grow and compete since he was an eighth-grader. His work ethic is second to none. His respect for his competition is first class.”

Lee has maintained an A average in the classroom. He will continue his athletics career at Harvard University this fall.

The [Gatorade Player of the Year](#) program annually recognizes one state winner from each of the 50 states and Washington D.C., in 12 different sports: football, girls volleyball, boys and girls cross country, boys and girls basketball, baseball, softball, boys and girls soccer, and boys and girls track & field. In total, 610 high school athletes are honored each year. From the pool of state winners, one national winner is selected in each of the 12 sports. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the winners in each sport.

As part of Gatorade’s commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$6.4 million in grants to winners across more than 2,200 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Instagram at [instagram.com/Gatorade](https://www.instagram.com/Gatorade), Facebook at [facebook.com/GatoradePOY](https://www.facebook.com/GatoradePOY) and X (Twitter) at x.com/Gatorade.

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