

**BULLIS SCHOOL STUDENT-ATHLETE NAMED
GATORADE MARYLAND GIRLS TRACK AND FIELD PLAYER OF THE YEAR**

CHICAGO (June 25, 2026) — In its 41st year celebrating the nation’s best high school athletes, Gatorade today announced Mya Arrendell of Bullis School is the 2025-26 Gatorade Maryland Girls Track and Field Player of the Year.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation’s best high school athletes for their excellence in sport, academics and community. The award recognizes Arrendell as Maryland’s best high school girls track and field athlete and she joins an elite legacy that spans professional athletes and coaches to CEOs, such as Sanya Richards (2001-02, St. Thomas Aquinas High School, Florida), Sydney McLaughlin-Levrone (2015-16 & 2016-17, Union Catholic Regional High School, New Jersey) and Jane Hedengren (2024-25, Timpview High School, Utah).

The 5-foot-7 freshman sprinter and hurdler earned dual All-American honors at New Balance Nationals Outdoor this past season. Arrendell took second in the 100-meter dash with a time of 11.27 seconds, which ranked No. 4 nationally among prep girls competitors this spring and she anchored the first place 4x400 relay team, which broke the tape with a time of 3:34.12. The girls freshman national indoor record-holder in the 300 dash with a time of 37.42, she also clocked a personal-best 200 time of 23.23 this spring, which ranked No. 14 nationally. Her best 400-meter time of 52.88 came when she won the Freshman 400 race at NBNO and that clocking ranked No. 18 nationally.

A National Junior Honor Society member, Arrendell has volunteered locally as a youth mentor with the Iconic Force Track Club. She has also served within Bullis’ Black Student Union. “I would say freshman Mya Arrendell stands out to me the most,” said Paul Whittaker, head coach of Mount De Sales. “She leads all of Maryland in the 100, 200 and 400.”

Arrendell has maintained an A average in the classroom. She will begin her sophomore year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one state winner from each of the 50 states and Washington D.C., in 12 different sports: football, girls volleyball, boys and girls cross country, boys and girls basketball, baseball, softball, boys and girls soccer, and boys and girls track & field. In total, 610 high school athletes are honored each year. From the pool of state winners, one national winner is selected in each of the 12 sports. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the winners in each sport.

As part of Gatorade’s commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$6.4 million in grants to winners across more than 2,200 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Instagram at [instagram.com/Gatorade](https://www.instagram.com/Gatorade), Facebook at [facebook.com/GatoradePOY](https://www.facebook.com/GatoradePOY) and X (Twitter) at x.com/Gatorade.

###