

ROCKY MOUNTAIN HIGH SCHOOL STUDENT-ATHLETE NAMED GATORADE IDAHO GIRLS TRACK AND FIELD PLAYER OF THE YEAR

CHICAGO (June 25, 2026) — In its 41st year celebrating the nation’s best high school athletes, Gatorade today announced Hallie Heemeyer of Rocky Mountain High School is the 2025-26 Gatorade Idaho Girls Track and Field Player of the Year.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation’s best high school athletes for their excellence in sport, academics and community. The award recognizes Heemeyer as Idaho’s best high school girls track and field athlete and she joins an elite legacy that spans professional athletes and coaches to CEOs, such as Sanya Richards (2001-02, St. Thomas Aquinas High School, Florida), Sydney McLaughlin-Levrone (2015-16 & 2016-17, Union Catholic Regional High School, New Jersey) and Jane Hedengren (2024-25, Timpview High School, Utah).

The 5-foot-10 senior distance talent swept the 800- and 1600-meter events at the Class 6A state meet this past season, leading the Grizzlies to third place as a team. The 2025-26 Gatorade Girls Cross Country Player of the Year, Heemeyer broke the state record in the mile at the Nike/Jesuit Twilight Relays in Oregon with a time of 4:40.42, which ranked No. 16 nationally among prep girls competitors this spring. She also broke the state record in the 3200 at the Arcadia Invitational with a 10:13.81 clocking, which ranked No. 46 nationally.

Secretary of the Young Women’s Organization at her church, Heemeyer has volunteered locally as a mentor and caregiver to an adult with special needs. A third-year sports medicine student on campus, she has also donated her time by mentoring a group of younger students working at sporting events at her school. “Showing impressive range throughout her prep career, Heemeyer torqued up the quality even higher at the major meets this season,” said Rich Gonzalez, PrepCalTrack editor. “Those results confirm her status as one of Idaho’s greatest high school track athletes.”

Heemeyer has maintained a weighted 4.16 GPA in the classroom. She has signed a written letter of athletic aid to compete on scholarship at Brigham Young University this fall.

The [Gatorade Player of the Year](#) program annually recognizes one state winner from each of the 50 states and Washington D.C., in 12 different sports: football, girls volleyball, boys and girls cross country, boys and girls basketball, baseball, softball, boys and girls soccer, and boys and girls track & field. In total, 610 high school athletes are honored each year. From the pool of state winners, one national winner is selected in each of the 12 sports. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the winners in each sport.

As part of Gatorade’s commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$6.4 million in grants to winners across more than 2,200 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Instagram at [instagram.com/Gatorade](https://www.instagram.com/Gatorade), Facebook at [facebook.com/GatoradePOY](https://www.facebook.com/GatoradePOY) and X (Twitter) at x.com/Gatorade.

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