

GEORGETOWN VISITATION PREPARATORY SCHOOL STUDENT-ATHLETE NAMED GATORADE DISTRICT OF COLUMBIA GIRLS TRACK AND FIELD PLAYER OF THE YEAR

CHICAGO (June 25, 2026) — In its 41st year celebrating the nation’s best high school athletes, Gatorade today announced Abby Anstett of Georgetown Visitation Preparatory School is the 2025-26 Gatorade District of Columbia Girls Track and Field Player of the Year.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation’s best high school athletes for their excellence in sport, academics and community. The award recognizes Anstett as District of Columbia’s best high school girls track and field athlete and she joins an elite legacy that spans professional athletes and coaches to CEOs, such as Sanya Richards (2001-02, St. Thomas Aquinas High School, Florida), Sydney McLaughlin-Levrone (2015-16 & 2016-17, Union Catholic Regional High School, New Jersey) and Jane Hedengren (2024-25, Timpview High School, Utah).

The state’s returning Gatorade Player of the Year, the 5-foot-6 junior distance talent broke her own state record in both the 1600-meter run and the mile this past season. The state’s 2025-26 Gatorade Girls Cross Country Player of the Year, Anstett broke the tape in the 1600 at the Dogwood Track Classic, knocking seven seconds off her previous mark with a time of 4:40.68, which ranked No. 8 nationally among prep girls competitors this spring. Also the state record-holder in the 3000, 3200 and 2-mile run, she clocked a 4:42.87 in the mile at the HOKA Festival of Miles, which ranked No. 25 nationally.

Anstett has volunteered locally as a student ambassador on behalf of Potomac Run and Walk. She has also donated her time as a youth track coach. “Abby is poised, confident and often runs spectacular times out front and alone,” said Anthony Belber, head coach of Georgetown Day School. “She is a consistent force in the District of Columbia running scene.”

Anstett has maintained a weighted 3.40 GPA in the classroom. She will begin her senior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one state winner from each of the 50 states and Washington D.C., in 12 different sports: football, girls volleyball, boys and girls cross country, boys and girls basketball, baseball, softball, boys and girls soccer, and boys and girls track & field. In total, 610 high school athletes are honored each year. From the pool of state winners, one national winner is selected in each of the 12 sports. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the winners in each sport.

As part of Gatorade’s commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$6.4 million in grants to winners across more than 2,200 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playeroftheyear.gatorade.com or follow us on social media on Instagram at [instagram.com/Gatorade](https://www.instagram.com/Gatorade), Facebook at [facebook.com/GatoradePOY](https://www.facebook.com/GatoradePOY) and X (Twitter) at x.com/Gatorade.

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