

## **ALISO NIGUEL HIGH SCHOOL STUDENT-ATHLETE NAMED GATORADE CALIFORNIA GIRLS TRACK AND FIELD PLAYER OF THE YEAR**

CHICAGO (June 25, 2026) — In its 41<sup>st</sup> year celebrating the nation’s best high school athletes, Gatorade today announced Jaslene Massey of Aliso Niguel High School is the 2025-26 Gatorade California Girls Track and Field Player of the Year.

Gatorade Player of the Year is the top honor in high school sports, celebrating the nation’s best high school athletes for their excellence in sport, academics and community. The award recognizes Massey as California’s best high school girls track and field athlete and she joins an elite legacy that spans professional athletes and coaches to CEOs, such as Sanya Richards (2001-02, St. Thomas Aquinas High School, Florida), Sydney McLaughlin-Levrone (2015-16 & 2016-17, Union Catholic Regional High School, New Jersey) and Jane Hedengren (2024-25, Timpview High School, Utah).

The 5-foot-11 senior thrower set a pair of state records as she swept the shot put and discus competitions at the USATF Under-20 Championships earlier this month. Massey’s winning toss in the discus of 197 feet, 9 inches ranked No. 1 among prep girls competitors this spring and No. 2 in prep history. Her shot effort of 55-4.75 ranked No. 2 nationally in 2026 and No. 5 in prep history. Massey also won gold in the shot put at the Nike Outdoor Nationals, earning All-American honors and she took home a pair of wins at the Open State meet in the shot and discus.

A licensed realtor and an Aliso Niguel Junior Honor Corps member, Massey has volunteered locally at the Laguna Beach Food Pantry. She has also donated her time as a social media content creator focusing on inspiring female athletes to strive for excellence. “When Jaslene Massey locks into her distinct set position in the throwing circle, she resembles a praying mantis about to strike—and the record book is her prey,” said Rich Gonzalez, PrepCalTrack editor. “Her best efforts have made her the most prolific dual-discipline thrower in U.S. prep history. She now ranks No. 2 in prep history in the discus throw and No. 5 in the shot put. That’s not simply elite. That’s epic.”

Massey has maintained a weighted 4.28 GPA in the classroom. She has signed a written letter of athletic aid to compete on scholarship at the University of Oregon this fall.

The [Gatorade Player of the Year](#) program annually recognizes one state winner from each of the 50 states and Washington D.C., in 12 different sports: football, girls volleyball, boys and girls cross country, boys and girls basketball, baseball, softball, boys and girls soccer, and boys and girls track & field. In total, 610 high school athletes are honored each year. From the pool of state winners, one national winner is selected in each of the 12 sports. The selection process is administered by the Gatorade Player of the Year Selection Committee, which leverages experts including coaches, scouts, media and others as sources to help evaluate and determine the winners in each sport.

As part of Gatorade’s commitment to breaking down barriers in sport, every Player of the Year also receives a grant to donate to a social impact partner. To date, the Gatorade Player of the Year program has provided more than \$6.4 million in grants to winners across more than 2,200 organizations.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit [playeroftheyear.gatorade.com](http://playeroftheyear.gatorade.com) or follow us on social media on Instagram at [instagram.com/Gatorade](https://www.instagram.com/Gatorade), Facebook at [facebook.com/GatoradePOY](https://www.facebook.com/GatoradePOY) and X (Twitter) at [x.com/Gatorade](https://x.com/Gatorade).

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