FOR IMMEDIATE RELEASE GatoradePOYQuestions@Fleishman.com

SKUTT CATHOLIC HIGH SCHOOL STUDENT-ATHLETE NAMED GATORADE NEBRASKA VOLLEYBALL PLAYER OF THE YEAR

CHICAGO (January 13, 2020) — In its 35th year of honoring the nation's best high school athletes, The Gatorade Company today announced **Lindsay Krause of Skutt Catholic High School** as its **2019-20 Gatorade Nebraska Volleyball Player of the Year**. Krause is the second Gatorade Nebraska Volleyball Player of the Year to be chosen from Skutt Catholic High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Krause as Nebraska's best high school volleyball player. Now a finalist for the prestigious Gatorade National Volleyball Player of the Year award to be announced in January, Krause joins an elite alumni association of state award-winners in 12 sports, including USA Volleyball players Kayla Banwarth (2006-07, Wahlert High School, Iowa), Alisha Glass (2005-06, Leland Public High School, Mich.), Jordan Larson (2004-05, Logan View High School, Neb.) and Foluke Akinradewo (2004-05, St. Thomas High School, Fla.).

The 6-foot-3 junior outside hitter led the SkyHawks to a 34-5 record and the Class B state championship this past season. Krause recorded 360 kills, 152 digs and 28 blocks, posting a hitting percentage of .418. A member of the U.S. Girls Youth National Team which won a gold medal at September's U18 World Championships, she was named a MaxPreps Second Team All-American and was selected to both the Lincoln Journal Star Super-State First Team and the Omaha World-Herald All-Nebraska First Team.

A member of her school's leadership council, Krause has volunteered locally on behalf of the Special Olympics, a nursing home and youth sports programs. "Lindsay Krouse is really dominant as a player," said Mark Kirlin, head coach at Roncalli Catholic High School. "She's big, she can play all six rotations and she can hit all the shots."

Krause has maintained a 4.04 GPA in the classroom. She will begin her senior year of high school this fall.

The Gatorade Player of the Year program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Krause joins recent Gatorade Nebraska Volleyball Players of the Year Marriah Buss (2018 – 19, Lincoln Lutheran High School), Jaela Zimmerman (2017-18, Malcolm High School), Brooke Heyne (2016-17, Skutt Catholic High School), Raegan LeGrand (2015-16, Papillion-La Vista South High School), Megan Wickey (2014-15, Concordia High School), and Olivia Boender (2013-14, Waverly High School) among the state's list of former award winners.

As a part of Gatorade's cause marketing platform "Play it Forward," Krause has the opportunity to award a \$1,000 grant to a local or national youth sports organization of her choosing. She is also eligible to submit an essay to win one of twelve \$10,000 spotlight grants for the organization of choice, which will be announced throughout the year.

Since the program's inception in 1985, Gatorade Player of the Year award recipients have won hundreds of professional and college championships, and many have also turned into pillars in their communities, becoming coaches, business owners and educators.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit www.Gatorade.com/POY, on Facebook at www.facebook.com/GatoradePOY or follow us on Twitter at www.twitter.com/Gatorade.