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**NORTH ROCKLAND HIGH SCHOOL STUDENT-ATHLETE NAMED
GATORADE NEW YORK GIRLS TRACK & FIELD PLAYER OF THE YEAR**

CHICAGO (June 21, 2018) — In its 33rd year of honoring the nation's best high school athletes, The Gatorade Company, today announced Katelyn Tuohy of North Rockland High School as its 2017-18 Gatorade New York Girls Track & Field Athlete of the Year. Tuohy is the first Gatorade New York Girls Track & Field Athlete of the Year to be chosen from North Rockland High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the track, distinguishes Tuohy as New York's best high school girls track & field athlete. Now a finalist for the prestigious Gatorade National Girls Track & Field Athlete of the Year award to be announced in June, Tuohy joins an elite alumni association of state track & field award-winners, including Lolo Jones (1997-98, Roosevelt High School, Iowa), Allyson Felix (2002-03, Los Angeles Baptist High School, Calif.), Robert Griffin III (2006-07, Copperas Cove High School, Texas), Grant Fisher (2013-14 & 2014-15, Grand Blanc High School, Mich.) and Candace Hill (2014-15, Rockdale County High School, Ga.).

The reigning Gatorade National Girls Cross Country Runner of the Year, Tuohy broke the U.S. prep record in the mile with her time of 4:33.87 at this month's New Balance Nationals Outdoor to win her second straight national title in the event and cap a transcendent sophomore campaign. The 5-foot-4 dynamo also broke the national high school record in the 3200-meter run with her time of 9:47.88 at the Loucks Games. She won the 1500 (4:14.45) and the 3000 (9:09.71) at New York's state meet—each time represents the girls prep national record for races featuring an all-high school field. Tuohy now owns four national championships in track, including January's blistering 15:37.12 in the 5K indoors, which shattered the previous national record by more than 18 seconds.

Tuohy has volunteered locally on behalf of youth soccer and running programs, and the Rose Memorial Library. "I've been her varsity track coach since seventh grade," said North Rockland High coach Kyle Murphy. "I always knew she was very talented and would run very fast, but I had no idea she would do what she's accomplished this year. She set some very high goals and she's reached just about all of them."

Tuohy has maintained an A average in the classroom. She will begin her junior year of high school this fall.

The [Gatorade Player of the Year](#) program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Tuohy joins recent Gatorade New York Girls Track & Field Athletes of the Year Sammy Watson (2016-17, 2015-16 & 2014-15, Rush-Henrietta Senior High School), Zola Golden (2013-14, Arlington High School), Sabrina Southerland (2012-13, Benjamin N. Cardozo High School), Mary Cain (2011-12, Bronxville High School), Aisling Cuffe (2010-11, Cornwall Central High School), Melissa Kurzdorfer (2009-10, Lancaster), Shelby Greany (2008-09, Suffern), Charlene Lipsey (2007-08, Hempstead), and Dalilah Muhammad (2006-07, Cardozo) among the state's list of former award winners.

As a Gatorade Player of the Year, Tuohy will be able to select a national or local youth sports organization to receive a grant as part of the Gatorade Play It Forward program. Every Gatorade Player of the Year state winner receives a \$1,000 grant to donate and will have the opportunity to enter for an additional \$10,000 spotlight grant by writing a brief essay explaining why their selected organization deserves additional support. 12 spotlight grants - one for each sport - will be announced throughout the year.

To keep up to date on the latest happenings, become a fan of Gatorade Player of the Year on Facebook and follow us on Twitter. For more on the Gatorade Player of the Year program, including nomination information, a complete list of past winners and the announcement of the Gatorade National Player of the Year, visit www.gatorade.com/poy.

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